



# Take the Quiz

## Do You Have a Happy Husband?

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1. The environment of my home is warm and peaceful on most days.  
 Yes    No
2. I drop other things (even with my kids) to make time for my husband if he needs anything.  
 Yes    No
3. I never say unkind things about my husband to others.  
 Yes    No
4. If there's a decision to be made, my husband has the final say.  
 Yes    No
5. I enjoy having sex and look forward to making love to my husband.  
 Yes    No
6. My husband and I talk regularly about ways to improve our sex life.  
 Yes    No
7. I make an effort to look attractive with my clothes, hair and makeup even on days when I only see my husband.  
 Yes    No
8. I am a healthy body weight and exercise at least 3 times a week.  
 Yes    No
9. My husband and I go on a date at least once a month.  
 Yes    No
10. We still enjoy romance, kissing once a day for at least 5 seconds.  
 Yes    No

### Total the number of yes answers:

**1-4** Your relationship is on shaky ground. There are some critical areas of unmet needs that you must identify both for yourself and your husband.

**5-7** You have some good habits and attitudes to build on. As you make a few key changes, you and your husband will be enjoying each other's company more.

**8-10** You have a happy husband! Keep moving from good to great (or great to unbelievable). Be on the lookout for other women to encourage and mentor.

Arlene Pellicane is the author of *31 Days to a Happy Husband* and *31 Days to Becoming a Happy Wife*. Find out more at [www.ArlenePellicane.com](http://www.ArlenePellicane.com).