



Strategy #1: _____ is not the highest priority.

Is my child in danger of becoming _____ to screens?

“I have the right to do anything,” you say – but not everything is beneficial. “I have the right to do anything” – but I will not be mastered by anything. – 1 Corinthians 6:12 (NIV)

Resources:

Growing Up Social: Raising Relational Kids in a Screen-Driven World by Dr. Gary Chapman and Arlene Pellicane

Calm, Cool, and Connected: 5 Digital Habits for a More Balanced Life by Arlene Pellicane

Do you want _____ or convenience?

“Like a city whose walls are broken through is a person who lacks self-control.”
Proverbs 25:28 (NIV)

What will you _____?

Screen free meal time
Postpone and limit social media
Don't give a smartphone until high school
Collect all devices at night
No screens allowed in the bedroom

My action step: I will....